



Public Health Internship Description

Description

Students Together Against Alcohol 'N Drugs (STAAND) is a public health internship program of Communities Against Substance Abuse (CASA). An internship with STAAND provides experiential learning in public health policy for high school students. CASA, a non-profit organization, has been engaging young people in building drug free communities for more than ten years. This internship allows youth to action and utilize research-based, best practices strategies to address substance abuse issues affecting youth.

Responsibilities

Under the supervision of the Youth Coordinator, interns participate in weekly meetings that advance public health policies designed to reduce alcohol, tobacco, and other drug use. Activities include:

- Plan and host annual Safe and Sober Youth Journalist Press Conference
- Collect public opinion surveys on tobacco use and secondhand smoke
- Conduct tobacco youth purchase surveys
- Attend conferences and leadership camps
- Participate in public speaking trainings
- Conduct educational presentations to schools and community groups
- Write letters-to-the-editor and complete interviews with reporters
- Network with students from other high schools across San Diego County, community leaders, elected officials, law enforcement and other community-based organizations
- Staff booths at health fairs

Requirements

- Current high school student
- Live or attend school in East San Diego County
- Attend weekly STAAND meetings
- Committed to living and promoting a drug-free lifestyle

Incentives

Interns may receive \$25 gift certificates, as available. Interns will also be given ample opportunities to participate in trainings and conferences, receive community service hours, be provided with letters of reference, receive assistance for scholarships and nominations for related awards.

For more information contact: Enrique De La Cruz, Youth Coordinator at Communities Against Substance Abuse. (619) 442-2727 ext. 111 or Enrique.DeLaCruz@eccasa.org